A large traumatic middle cerebral artery aneurysm in a child: case report and review of literature

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A 6-year-old girl presented with a very large aneurysm of the distal branch of middle cerebral artery (angular artery). There was a previous history of mild traumatic brain injury. The presentation happened more than 5 weeks after the trauma with an atypical visual complaint. She was successfully treated by embolization and occlusion of the parental vessel. Recognizing post traumatic aneurysm is a challenging in young child and must be remembered in patients with a recent traumatic event. Endovascular treatment is a good option when the occlusion of the artery is possible in the presence of a good collateral circulation.

Keywords: Dissecting aneurysm; middle cerebral artery; endovascular; pediatric aneurysms

INTRODUCTION

According to the literature, traumatic intracranial aneurysms are rare, making up less than 1% of all cases of intracranial aneurysms[1]. 25% of the reported traumatic brain aneurysms takes place in pediatric patients and this an even more unusual clinical entity [2].

We report here an extremely rare case of a 6-year-old girl with a large traumatic dissecting aneurysm of distal middle cerebral artery. We highlight in this case the clinical and radiological features with a brief review of literature.

CASE REPORT

A 6-year-old female patient was evaluated with a history of a progressive holocranial headache after a mild head trauma. The symptom became refractory to common analgesia. After about 40 days, the patient woke up with sudden bilateral amaurosis associated with worsening of the headache. Ophthalmological evaluation ruled out papilledema and other diseases. Initial neurological examination showed a patient with a Glasgow Coma scale of 15 and no signals of meningeal irritability. She did not show any additional deficits.

A Computed Tomography scan (CT-Scan) of the brain showed a small hyperdense rounded lesion in the posterior part of temporal lobe with enhancement after contrast. Angiography reveals an aneurysm of the angular artery, greater than 21.9mm in diameter and the magnetic resonance shows an image suggestive of a vascular lesion in the region of the left transverse temporal gyrus, without hemorrhages. The shape of the aneurysm was suggestive of dissection (figure 1).

The patient was referred for endovascular treatment and characteristics of dissection of the arterial wall of the distal angular branch of the left middle cerebral artery were observed on angiography. After microcatheterization (Echelon 14 Medtronic®) the aneurysm showed an extremely slow flow with a large and wide neck. The
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Figure 1 - A. axial computed tomography scan of the brain at the level of insular cortex showing a rounded lesion in the temporal transverse gyrus; B and C. Axial and coronal T1 weighted sequences showing an irregular vascular dilation in distal branch of left middle cerebral artery.

Figure 2 - A and B. cerebral angiography with left internal carotid injection showing the aneurysm situated at the angular artery. C and D. After coil embolization it is possible to realize the final perfusion by posterior parietal branches.

posterior parietal artery originated just before the aneurysm (figure 2). The lesion was successfully embolized with the use of four coils, with total occlusion of the angular artery (figure 2). The final arterial perfusion in the region of the angular gyrus was made by a posterior parietal branch. The patient evaluates with significant improvement in visual loss and without additional neurological deficits. She remained symptom free after 2 years of follow-up.

DISCUSSION

Pediatric aneurysms significantly differ from the adult aneurysms[3]. These differences are obvious when analyzing the clinical findings, the etiologies, and pathomechanisms of pediatric aneurysms origin[4]. Children with intracranial aneurysms require prompt treatment along with close observation as there is a high recurrence rate for subsequent cerebral ischemic events and their outcomes can be highly variable, ranging from a complete recovery to dead[5]. The difficult interpretation of symptoms in young children and the fact that symptoms of posttraumatic cerebrovascular injuries are unspecific often lead to misdiagnosis of these pathologies[6].

Cerebral artery dissections (CAD) can be categorized in two main groups: traumatic and spontaneous. More often spontaneous dissections are located on vertebral arteries and traumatic dissections in the internal carotid arteries[7]. According to Buckinghan et al. traumatic intracranial aneurysms in children are best categorized as penetrating and nonpenetrating aneurysms[8]. The last may be secondary to skull base fractures or a consequence of trauma against the falcine edge or more distally over a skull fracture. Falls and vehicle accident are the main causes, affecting more males( 60%), probably due to a higher predominance of trauma among boys[9]. In contrast, adults CAD literature have shown no sex predilections. Fullerton et al. discuss in a large review that a sexual factor can takes place on the pathogenesis of CAD in children[9].

Many conditions can be associated to arterial dissections, including diseases of connective tissue like Marfan syndrome, fibromuscular dysplasia and others[10].

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Otherwise healthy patients can also suffering traumatic dissections with no known risk factors. The majority of dissecting aneurysms have one entrance to the pseudolumen created by the dissection[4]. This property is responsible for the unstable clinical course[11].

The localization and the morphology of the aneurysm can give supports to a dissection origin as showed in this case. Typical sacular aneurysms used to occur in vessel bifurcations or places where the hemodynamic shear stress takes place[12]. In our case the aneurysm was located in a distal part of middle cerebral artery anatomy, with no substantial influence of hemodynamic stress. Giant aneurysms of MCA usually arise from proximal bifurcations (or trifurcations) and rarely occur at the distal MCA[13]. Angular artery is a distal branch of MCA that rises from the posterior part of Sylvian fissure and has a posterior direction[14].

The lack of a well-defined neck and the involvement of the parental vessel in dissecting aneurysms brings a great challenging when dealing with these cases[15]. Therefore, the definitive treatment usually involves techniques of occlusion of the proximal segment of the artery, surgical trapping or by-pass[16]. No standard recommendations have been established in the treatment of cerebral artery dissections[7, 11].

Pediatric patients treated conservatively have poor prognosis and should be enrolled in surgical or endovascular treatment[8, 11, 17]. Surgical clipping has the advantage of draining the hematoma around the aneurysm and the possibility of reconstruct the parent vessel, even though this maneuver requires a great ability in an irritated and inflamed brain[18]. In our case we decided in coil embolization rather than open surgery (trapping and sac evacuation) using a rationale in face of a difficult approach with higher risk of intraoperative rebleeding as consequence of high friability of this type of aneurysm.

Endovascular approach – Trapping with detachable balloon or occlusion with coils – has the advantage of no brain retraction, shorter anesthesia time and radiological control throughout the procedure[11]. Over the last years miniaturization of the devices and improvements in embolic materials have made it possible to perform safety endovascular procedures in infants as well as children[19].

Reconstructive strategies using stents and flow-diversion devices are another option when there is no possibly of total vessel occlusion and high risk of no collateral circulation. The potentially long term thrombotic risk is another question dealing with children with complex aneurysm treated by stents[20]. Recent data indicated safety and efficacy of flow-diverters in the treatment of pediatric aneurysms[21].

In the work of Chen et al. with focus on pediatric intracranial distal aneurysms, between 35 aneurysms they found 08 cases of pseudoaneurysm with 75% of traumatic origin. Middle cerebral artery was the more common location and 45.7% of the aneurysms were large or giant[18]. In children with a radiological find of a distal intracranial aneurysm and previous history of trauma the possibility of pseudoaneurysm must be highly suspected. In this situation the risk of hemorrhage is high mainly due to the extremely thin and fragile wall of these aneurysms.

CONCLUSION

In summary, children with new neurological symptoms after a recent traumatic event must be enrolled to investigation of cerebral aneurysm. In this population the possibility of dissecting aneurysm at the distal circulation requires a prompt strategy with an accurate study of the affected artery and the collateral circulation. Endovascular embolization and parental vessel occlusion are options in these cases.

DISCLOSURES

Ethical approval

This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the local Ethics Committee

Consent to participate

The patient gave consent to use his information and images for research proposes.

Consent for publication

The patient gave consent to use his information and images for publication.

Conflict of interest

The authors declare no conflicts of interest with respect to the content, authorship, and/or publication of this article.

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